

# PURA VIE YOGA

## MONDAY

9:00 AM Gentle

10:30 AM  
Restorative

5:00 PM Senior

6:30 PM Meditation

## TUESDAY

9:00 AM Kripalu  
Vinyasa

10:30 AM Yin

5:00 PM Vinyasa  
Flow

6:30 PM Yin

## WEDNESDAY

9:00 AM Gentle

10:30 AM  
Restorative

5:00 PM Gentle

6:30 PM Vinyasa  
Flow

## MARCH 2019 SCHEDULE

**\*RESERVATIONS ARE  
REQUIRED FOR ALL YOGA  
CLASSES\*** Drop-in Rates  
(\$15) are for students who  
do not have an  
active package/membership.

Classes May be Subject to  
Change. Follow us on  
Instagram/Facebook to stay  
updated.

1st. Class Free For All New  
Students, \$15.00 per class  
after. Mats are included. 9  
students max per class.



@puraviespa



@puravie

## THURSDAY

9:00 AM Gentle

10:30 AM Yin

5:00 PM Senior

## FRIDAY

9:00 AM Gentle

10:30 AM  
Restorative

## SATURDAY

Mar. 2

9:00am Gentle

Mar. 9 No Classes

Mar. 16

9:00am Gentle

10:30 am Yin

Mar. 23

9:00am Gentle

Mar. 30

9:00am Gentle

10:30am Yin