

PURA VIE YOGA

MAY 2019 SCHEDULE

TUESDAY

10:00 AM Yin

6:00 PM Yin

WEDNESDAY

10:00am Yin

11:30 AM
Restorative

4:30 PM Gentle

6:00 PM Vinyasa
Flow

***RESERVATIONS ARE
REQUIRED FOR ALL YOGA
CLASSES* Drop-in Rates
(\$15) are for students who
do not have an
active package/membership.**

**Classes May be Subject to
Change. Follow us on
Instagram/Facebook to stay
updated.**

**1st. Class Free For All New
Students, \$15.00 per class
after. Mats are included. 9
students max per class.**

THURSDAY

10:00 AM Yin

FRIDAY

10:00 AM Yin

11:30 AM
Restorative

SATURDAY

May 4
10:00 AM Tai Chi

May 11
10:00 AM Deep Healing

May 18
10:00 AM Gentle
11:15 AM Tai Chi

May 25
10:00 AM Deep Healing
10:00 AM FREE Tai Chi-
Outdoor Class

 @puraviespa

 @puravie



PURAVIE

— SKIN - BODY - YOGA —

1460 Blvd. of the Arts
Sarasota, FL 34236

941-312-4402

www.PuraVieSpa.com

Contact@puraviespa.com

